

OCCUPATIONAL MEDICAL FACILITIES

MANDATED POSTER BY THE STATE OF CALIFORNIA



In case of workplace injury, first notify your supervisor
Call 911 if the injury or illness is an emergency

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they **send medical reports and billing to Sedgwick Claims Management Services.**

In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.

Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. **Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.**

MISSION VALLEY/ HILLCREST

UCSD Medical Center Hillcrest
8:00 am - 4:15 pm
330 Lewis Street, Ste 100, SD 92103
(619) 471-9210

UCSD Medical Hospital Hillcrest
***After Hours Care**
200 W. Arbor Drive, SD 92103
(858) 657-7000

CONCENTRA
7:00 am - 6:00 pm
3930 Fourth Ave, Ste 200, SD 92103
(619) 297-9610

CONCENTRA
8:00 am - 5:00 pm
5333 Mission Center Rd, Ste 100
San Diego 92108
(619) 295-3355

Kaiser On-the-Job
9:00 am - 4:00 pm
4647 Zion Ave., 1st Floor, Ste 155
San Diego 92120
(619) 528-5062

Kaiser Permanente Hospital
***After Hours Care**
4647 Zion Avenue, SD 92120
(619) 528-5700

Work Partners - Mission Valley
8:00 am - 6:00 pm 7485 Mission Valley
Rd #100 o)
(619) 900-1330

CLAIREMONT/KEARNY MESA

CONCENTRA (Open 24/7)
5575 Ruffin Rd., Ste 100, SD 92123
(858) 277-2744

Sharp Rees-Stealy Genesee
8:00 am - 4:00 pm
2020 Genesee Avenue, SD 92123
(858) 616-8400

CLAIREMONT/KEARNY MESA

Sharp Emergency Room
7901 Frost St
San Diego CA 92123
(858) 939-3400

NORTH COUNTY

UCSD Medical Center UTC/La Jolla
8:00 am - 4:00 pm (call ahead of time)
8899 University Center Lane, Ste 160
San Diego 92122
(858) 657-1600

UCSD Medical Center Thornton Hospital
***After Hours Care**
9300 Campus Point Drive, La Jolla 92037
(858) 657-7612

CONCENTRA
8:00 am - 4:00 pm
10350 Barnes Canyon Rd, Ste 200, SD 92121
(858) 455-0200

7590 Miramar Road, Ste C, SD 92126
8:00 am - 4:00 pm
(858) 549-4255

Sharp Rees-Stealy Sorrento Mesa
8:00 am - 4:00 pm
10243 Genetic Center Dr, SD 92121
(858) 526-6150
***After Hours Urgent Care (858) 526-6100**

5 p.m. - 8 p.m., Monday - Friday
8 a.m. - 8 p.m., Weekends/Holidays

SOUTH BAY

****NEW CLINIC****
South Coast Medical Clinic
6:30 am - 7:30 pm M-F
Open Weekends
408 West 8th St.
National City 91950
(619) 474-8666

SOUTH BAY

****NEW CLINIC****

Work Partners
7:00 am - 6:30 pm - M-F
8:00 am - 2:30 pm SAT
1510 Sweetwater Road
National City 91950
(619) 552-2870

CONCENTRA
8:00 am - 5:00 pm - M-F
9:00 am - 2:00 pm SAT
542 Broadway, Ste G
Chula Vista 91910
(619) 425-8212

102 Mile of Cars Way,
National City 91950
7:00 am - 6:00 pm
(619) 474-9211

Sharp Rees-Stealy Chula Vista
8:00am - 4:30 pm
525 3rd Ave., Chula Vista 91910
(619) 585-4050

***After Hours Urgent Care (619) 585-4000**
Open 8 a.m. - 8 p.m. daily

Kaiser On-the-Job (Otay Mesa)
9:00 am - 5:00 pm
4650 Palm Ave, Bldg 2, 2nd Floor Area 228
San Diego 92154
(619) 662-5006

EAST COUNTY

CONCENTRA
7:00 am - 4:00 pm
9745 Prospect Ave, Ste 100
Santee 92071
(619) 448-4841

Sharp Rees-Stealy La Mesa
8:00 am - 5:00 pm
5525 Grossmont Center Dr, La Mesa 91942
(619) 644-6600

***After Hours Urgent Care (619) 644-6625**
Open 8 a.m. - 8 p.m. daily